

The University of Ottawa Heart Institute (UOHI) and the Champlain Lung Health Network are now working together to ensure Heart Wise Exercise programs are also suitable for people with chronic obstructive pulmonary disease (COPD). We hope you all agree this is a great fit for HWE programs.

To provide all of you with up-to-date information about having COPD clients in your programs, we will be inviting the entire network to join the COPD training session at the end of our next workshop, followed by a networking wine and cheese “ask the expert” event. This event is complimentary for all existing HWE leaders and facilities.



When: Tuesday, November 25, 2014
COPD Session: 3-4 pm
Networking event: 4-6 pm

Where: Taggart Family Y
180 Argyle Street, RBC Boardroom

For more information: **613-761-4753** or **heartwise@ottawaheart.ca**
To RSVP visit **heartwise.ottawaheart.ca/locations/ottawa/training**